ASPO
COMPENSATION
AND WOOD ON THE SECONDARY SURVEY 2020
SURVEY 2020

ASPO COMPENSATION AND WORKFORCE TASK FORCE

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BASICS

- **52% response rate (270/525)**
- Median age was 40-49
- Entire US well represented
- 66% are also Fellows of the AAP and 58% are Fellows of ACS

STARTING SALARIES

- 39% were in practice for <10 years out of Fellowship
- These ASPO members reported a median starting base salary of \$225-250K with total compensation including bonuses and sign-on expenses at \$250-275K
- 13% received starting salary >\$300k
- 32% had no student debt and 65% had <\$100k while 10% have >\$250k
- When combining with spouse's debt, only 30% had debt <100k and 5% had debt >350k
- 56% practice in same location since completion of Fellowship; 30% are in a second location; 19% in a 3rd location and 3% had more than 3 unique locations
- 41% engaged an attorney to review their initial contract and 90% engaged in none or minimal negotiations

ADDITIONAL FEATURES SINCE TARTING PRACTICE 50% have sought additional structured training in Leadership, Finance or

Teaching skill

- 25% hold a secondary degree (MPH, PhD, MBA etc)
- When practice afforded partnership or equivalence, 30% achieved this after 1 year; 24% after 2 years and 6% not until after their 5th year
- 62% hold primary appointment under Dept OTOHNS; 24% in Dept of Surgery and 15% in Dept Pediatrics
- 40% of respondents work in groups without Adult ENT partners
- Most common (33%) is a group of 5-10 Pediatric Otolaryngologists while 7% are the only Peds Oto in the group
- APPs are very common: 75% have a PNP and majority have 1-2; 55% have a PA with 55% having 1-2 in the practice

WORK EFFORTS

- Median number of hours worked each week (all clinical and non-clinical activities) is 51-60 hours with 10% working >70 hours and 7% work less than 40 hours
- 18% have reduced their workload since starting practice with most doing this before age 50 or after age 60
- The majority (46%) hope to retire at age 65-70 with 30% looking to retire between 60-65 and 10% before age 60 and 7% planning to die on the job! (?impact on workforce in Peds Oto calculations?)
- 55% see patients at more than one location with 32% going to more than one satellite 40% go to a free-standing satellite OR and 75% to a satellite office without an OR

PRACTICE CHARACTERISTICS

- Most common breakdown is: 50% uncomplicated children needing uncomplicated procedures 20-30% complicated children needing uncomplicated procedures 20-30% are children requiring complicated procedures
- Most doctors schedule 16-20 children in a typical half day with <5% scheduling >30 children
- Templates typically allow for 15 min for new patients and 10-15 min for f/u and 10 min for postops. PA/NPs are used to add an additional 5-10 patients per 1/2 day office
- No shows and same day cancellations average 4-5 patients per day
- Majority (52%) see children in at least 16 1/2 day office sessions a month while 75% participate in at least one multi-disciplinary clinic per month (CPO implication)
- Typical month is 8-12 1/2 day OR sessions (or 4-6 full days) at Main hospital; 2-4 1/2 day OR sessions (or 1-3 full day) at a surgicenter/satellite OR. Clinic time to OR time is roughly weighted 1:1.
- Average is 80 new patient visits /month with a median of 65 surgeries each month

PATIENT POPULATION HARACTERISTICS Most typical breakdown is: Medicaid or Medicaid HMO. 50%

Commercial insurance 20%

HMO 20%

5-10% **Tricare**

Indigent/self pay <5%

Only 10% report having more than 10% of patients enrolled in highdeductible HSA plans

PRACTICE SUPPORT

- Surgery scheduler shared among 1-4 providers
- Office shared PNP/PA between 1-6 providers
- 1/3rd do NOT employ an RN (when present shared between 3-4 providers)
- 70% do not have shared LPN (when present shared between 3-4 providers)
- 78% employ MAs typically shared among 3-4 providers
- Shared triage nurse present in 60% of practices
- Administrative assistant/Secretary shared between 3-6 providers
- Most do not have a Research Assistant but when present shared among >10 providers
- Office manager shared with the whole group

SALARIES

- Median income for practicing medicine was \$447,081 with 40% making between \$350-500k; 25% making <\$350 and 35% making >\$500k (20% making >\$600K)
- Most common compensation model is a base salary making up about 80% of compensation with a productivity bonus of 20% (10-15% are on a straight salary)
- RVU generation is the most common basis for calculation of a productivity bonuses and mean RVU generation was reported as 7001-8000
- Academic productivity incentive/bonus were present in 1/2 of practices but accounted for <5% of total compensation
- 20% engage in occasional medical malpractice work
- 40% are paid something for providing after-hours or trauma call but this typically accounts for <5% of total compensation
- Ownership in a surgicenter or medical office building is enjoyed by 23% and averages about 10% of total compensation

COMPENSATION

- Pre-tax retirement contributions between employer and employee averages \$40k with <10% contributing >\$65k and 25% contributing <\$25k
- Post-tax retirement contributions average \$20k
- Most feel that they are on-track financially to retire at their target date
- 60% have a geographic non-compete clause in their contracts

FUTURE GROWTH (PRE-COVID ESTIMATES) IN NEXT 5 YEARS 37% anticipate adding one net MD 30% anticipate adding two net MDs

- - 13% anticipate adding 3 or more net MDs
 - 20% do NOT anticipate a net change in MDs
- 65% anticipate adding one or more APPs
 - 31% expect to add one APP
 - 20% expect to add two APPs
 - 15% expect to add 3 or more APPs
- 58% of the APPs are on a salary paid by the hospital or medical school independent of the physician practice while 35% are paid by the clinical practice
- 1/3rd of APPs are able to earn a productivity bonus
- 60% were NOT privy to the expenses of the practices but those who were estimated overhead of the practice excluding MD salaries at 50%

CALL ISSUES

- 30% are being paid a specific stipend for taking call
- 65% are responsible for covering call at only one hospital while 19% cover 2 locations and 7% cover 3 locations and 5% cover 4 or more locations
- On call burden averaged 5 nights a month (1 in 6 nights) with 20% averaging <2 nights per month (1 in 15) and 8% more than 10 nights a month (1 in 3)
- 76% only cover children while on call while 24% cover adults and children on their call nights
- Most have primary coverage while on call (86% have resident coverage; 28% have Fellow coverage and 23% have PA or PNP coverage)
- Daytime calls triaged by member of nursing staff (51%) or a nurse triage line (21%)
- 40% get >7 patient related messages daily to respond to
- Paid time off for vacation averages 20 days with paid academic leave averages 10 days
- 64% have protected research, teaching or administrative time (usually 2 days/month)

STRESSORS

EHR is universally used: 65% use EPIC in the office/70% in their hospital 16% use CERNER in the office / 26% in their hospital

19% use another EHR in the office

Top 5 issues of most concern:

- 1. Reimbursements for what we do
- 2. Creating a separate CPO
- 3. MOC
- 4. Long term workforce issues in Pediatric Otolaryngology
- 5. Advocacy at the state and national level
- Some degree of burnout at present or in the past reported by 80% with average score of 22 (0 not all and 100 ready to quit tomorrow). Most (60%) report low levels but 11% were at à level 41-50; 8% at level 71-80 and 4% to the level of considering quitting
- 60% report re-thinking work/life balance; 30% have change work schedules; 22% have changed work focus and 17% have done nothing in response to feelings of burnout
- 56% are extremely or very satisfied with the value of his/her ASPO membership while 6% are not satisfied.

MOST COMMON SUGGESTIONS FOR

Continue gathering this information and publish/distribute the results

- Engage the voungerment bers more in the organization
- Pursue more diversity in presenters/moderators at annual meeting with emphasis on more complex topics
- Concerns with the pursuit of CPO certification
- Have ASPO support/promote local and regional education efforts by its members
- Make the survey shorter

CUTEST GRANDCHILDREN EVER!

