

NEWSLETTER Fall 2019

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AD HOC MONTREAL BREAKOUT

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WORKING GROUP FRENULUM

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PRESIDENT'S REPORT

Anna Messner, MD



Hello ASPO members! Did you know that ASPO routinely runs three educational meetings a year?

First- the traditional ASPO meeting in the fall in conjunction with COSM. Every 4th year (as directed in our bylaws) we have our meeting separate from COSM (most recently in Austin, TX in 2017). The next breakout will be in Montreal, CA in 2021.

Second: the ASPO summer meeting in Vail, CO. This meeting was started by Kenny Chan, MD in 2016 and we have just successfully completed our 4th meeting. The meeting has evolved into a relatively relaxed (casual clothing encouraged), family-friendly meeting with lots of panels, discussion and outdoor activities.

Third: ASPO sponsors a free seminar for residents/fellows the day before the AAO-HNS annual meeting. This meeting is hosted by the pediatric otolaryngologists at the local children's hospital and gives residents/fellows a chance to learn about advanced pediatric otolaryngology, the local children's hospital, and a chance to mingle with others (including fellowship directors) in the post-seminar reception. This year's meeting is being sponsored by the Children's Hospital of New Orleans.

AND... Did you know that ASPO supports approximately \$80,000/year in research grants? Members of the ASPO research committee

participate in the Otolaryngology CORE process to evaluate and award funds to help further our field. The committee also reviews and makes recommendations about surveys submitted by ASPO members.

AND... Did you know that the ASPO website has an active listing of employment opportunities for pediatric otolaryngologists, http://aspo.us/employment, and also information for potential fellows? http://aspo.us/fellowship-application-guide

Speaking of the website... One of our primary goals this year is to replace the current website platform with one that is more up-todate (i.e. not quite so drab), easier to use (i.e. the directory should be able to work on all browsers), and has more features to help us be better pediatric otolaryngologists. The theme of the spring annual meeting in Atlanta (April 24-26, 2020) is "COLLABORATION". In conjunction with this theme, one of the features of the new website will be a "Resources" area where ASPO members can share protocols (i.e. tracheostomy or post-tonsillectomy). educational materials (i.e. reading lists), useful information (i.e. blood spot information by state) and perhaps even medical record templates (dot phrases for those of us using EPIC.)

In closing, I want to encourage a dialogue between members and the ASPO Board of Directors http://aspo.us/officers-and-committees. Feel free to email us through the ASPO email ASPO@facs.org or directly. We are happy to hear from you!

Sincerely,
Anna Messner, MD
messner@bcm.edu

SECRETARY'S REPORT

Reza Rahbar, DMD, MD

Dear ASPO Members,



It has been a pleasure for me to continue to serve as your Secretary. One of my goals is to keep all members updated with the status of ASPO as a Society, the past years accomplishments and future society plans.

ASPO continues to grow and fulfill its mission of Advocacy, Education and

Research. We continue to increase our footprint at COSM and had a very successful Summer / Frontier Meeting in Vail.

Below are some snapshots from ASPO initiatives and previous meetings:

ASPO Board of Directors Meeting: May 2, 2019 Pediatric Otolaryngology Pan-Leadership Meeting: May 2, 2019

ASPO Annual Business Meeting: May 4, 2019

- 2019 Annual Meeting:
 - Spring Meeting Registration: 402
 - Summer Meeting Registration:146
- Website:
 - ASPO is in the process of looking into the option of changing website platforms and updating content/process to enhance access for members.
- Finance:
 - Financial status is firm with a total Asset of \$1,969,340.72 (dated 3/2019)
 - o External Audit will be scheduled for 2020
- Development:
 - The Society's goal is to have a strong endowment fund to be able to afford all society initiatives and external grants through the endowment interest.

- The next capitol campaign for these funds will launch in 2020 (Atlanta)
- ASPO Summer Meeting: Frontiers in Pediatric ORL meeting
 - We just completed the 4th ASPO Summer meeting with great success.
 - ASPO has contracted with ACS for management of the next two meetings.
- Membership:
 - ASPO is continuing to grow on an annual basis with all categories of Full members, International members, and Fellow members
 - As of 2019: we have a total membership of 641
- Education, Fellowship, Research:
 - Education Committee has been tasked with the responsibilities to develop and maintain a curriculum for fellowships in pediatric ORL and assist with development of material to be used in the pediatric ORL portion of American Board of ORL Maintenance of Certification (MOC) and the pediatric ORL sub-certification examinations.
 - We currently have 29 ACGME accredited programs. The three newly accredited programs. are Arkansas, UC-San Francisco and Connecticut.
 - The Board approved three research grants, two CORE Resident Grants and One ASPO grant (See details in research committee report)
- Awards:
 - William Potsic Basic Science Awards: Tie for 1st place
- **Dr. David Lee:** RNA sequencing for target genetic markers in pediatric RRP
- **Dr. C. Carrie Liu:** Investigation into the genetic basis of tracheal cartilaginous sleeves formation using knock-In mouse models of craniosynostosis syndromes
 - Charles Ferguson Clinical Research Awards:
 Tie for 1st place

Dr. Jonathan Melong: Effect of tongue-tie release on speech articulation and intelligibility **Dr. Hilary McCrary:** Increase risk of velopharyngeal dysfunction in patients undergoing staged-palate repair

Upcoming meetings:

AAO-HNS Annual Meeting September 15-18, 2019 New Orleans, LA

> SENTAC December 5-8, 2019 San Diego, CA

ASPO Annual Meeting (at COSM) April 22-26, 2020 Atlanta, GA



https://www.travelandleisure.com/weekend-getaways/weekend-in-new-orleans

- CPO Task Force and Working Group:

- The Working Group has developed a blueprint for the written qualifying exam.
 The blueprint was out for public comment in the fall and many members gave input. The blueprint was finalized and approved by the ORL-HNS board following the comment period.
- The Working Group has started the item writing process. Over 160 items have been written to date, with a goal of 400 items in the bank by the end of 2019.
- Children's Surgery Verification Program (CSV):
 - Purpose is to raise standards and resources to provide high level of pediatric care.
 - o A total of 75 hospitals have signed up for site visits. Nineteen are currently certified and in order to complete the certifications of the the 75 hospitals it will take about three years.. It is likely that 115-125 hospitals will be site visited. **Drs. Derkay, Maddern, Zalzal and Schoem** are otolaryngology surveyors.

Please feel free to reach out me directly (<u>reza.rahbar@childrens.harvard.edu</u>) with any questions or suggestions.

Regards, Reza Rahbar DMD, MD, FACS

DEVELOPMENT COMMITTEE

Margo McKenna Benoit, MD, Chair

The Development Committee has been busy this year planning and implementing several new programs, in addition to gearing up for our next major campaign. We are working on website development that will better demonstrate the depth and breadth of programs funded by ASPO, and will also allow donors to direct their donations to specific initiatives. There will be options to fund research grants, international programs, and trainee travel awards, or to continue building the endowment. A second goal is to establish a program for members and friends of the society to designate funds to ASPO through will and estate planning. We are currently working with the ACS legal team to draft a document that can be downloaded from the website to fill out with our legal team or the donor's own financial planner in order to become Legacy Donors. Finally, we are in the planning phases for our next campaign, with a projected launch date of 2020 at COSM in Atlanta.

The Development Committee has also been working with Dr. Andrew Scott to establish an endowed fund in honor of Dr. James Sidman: "Our vision is to honor Jim's legacy by establishing a panel or lectureship to be held annually at the ASPO Spring meeting. The theme of this endeavor will center on matters related to innovation, collaboration, and mentorship within the spheres of head and neck surgery and facial plastic surgery. We feel strongly that creating such a welcoming space for surgical innovation within the Spring ASPO meeting has the potential to further elevate the Society. It is our hope that the establishment of such an entity will serve as an affirmation to the ASPO community, and other otolaryngology societies, that pediatric head and neck surgery and pediatric facial plastic and craniofacial surgery fall squarely within the field of pediatric otolaryngology. In the spirit of collaboration, it is our expectation that panelists and lecturers will often hail from other societies and other fields of surgery, medicine, and oral surgery."

Please contact me or Dr. Scott for additional information on the Sidman endowed fund. And as always, feel free to contact any of our committee members with questions, thoughts and ideas. Thank you for your ongoing support of our society.

IT COMMITTEE

Nguyen Pham, MD, Chair

Our short-term goal is assessing the best vendor and platform for our website and for the back end management of our member services. Currently, we are reviewing a proposal from Yourmembership, which is a company that provides association membership services to small and medium sized organizations such as ours. We are analyzing websites currently using this platform and reviewing whether its functionalities will meet our needs now and into the future.



INTERNATIONAL COMMITTEE

Kevin Pereira, MD, Chair

At the 2019 Spring board meeting the international committee (IC) was converted to a standing committee and term limits were approved for committee members. The duties and charge of the IC were approved at the previous Fall Board meeting. Brazil and Taiwan were nominated as guest countries for ASPO 2020 by the IC and approved by the board. We took charge of oversight of the visiting international scholar program and will be working with the program chair and board of directors during the selection process. The IC has sent a proposal for an International Observership to the board for consideration. An applicant will ideally be an applicant for international membership who is being inducted the year of the award. The proposed visit will be of ten days duration (to include three days of the meeting) immediately prior to or beginning with the annual ASPO meeting. The time will be spent at a tertiary care Children's Hospital with a fellowship training program. Preference will be given to physicians from developing countries without fellowship training programs or under served in pediatric otolaryngology. A repository has been created of speakers interested in lecturing at international meetings/courses/ conferences. Interested members are encouraged to send an e-mail of interest to the chair of the IC along with their areas of expertise and/or research. We continue to work closely with the membership committee to expand our international membership and will keep you informed of progress during the membership application season.

MEMBERSHIP COMMITTEE

Sonal Saraiya MD, Chair

On behalf of the Membership Committee (Sri Chennupati, Nira Goldstein, Kevin Pereira, Robert Sprecher, and Roy Rajan), we thank Marc Nelson for his commendable work leading the committee over these previous years. In 2019, we received 39 applications, of which we recommended to the ASPO board, admission of 19 new Full members, 2 International members, and 18 Fellow members to join our society, and they all received their certificates at the ASPO Spring Meeting in Austin, Texas.

The new application process is now open through January 1 at http://aspo.us/membership-applicationresources/.

Just to recapitulate the revised, simplified criteria as decided by the ASPO Board, there are three main categories of membership -Member, Fellow Member, and International Member. The applicant should have attended at least one ASPO meeting in the past 3 years. Online journal publications and editor-reviewed textbook chapters are also acceptable to fulfill the requirement of 2 peer reviewed publications in the field of pediatric otolaryngology. Only three letters of recommendation are needed including one from the fellowship director and 2 from present ASPO members. Fellow membership is free but application for Full membership must be done within 3 years of the Fellow member application.

We urge all Program Directors to encourage their fellows to apply for the membership with benefits of access to educational material and members only directory. Collaboration with the

Fellowship committee to advance Fellow membership to Full membership is underway.

We are furthering our collaboration with the International Committee to improve the international ASPO membership with membership modifications. The membership growth is a testament of the stellar progress ASPO is making and we urge all members to assist our outreach efforts to accelerate ASPO membership by reiterating the membership benefits to your colleagues, peers and fellows.

PROGRAM COMMITTEE

Bob Chun, MD, Chair

Cristina Baldassari
Sharon Cushing
Ian Jacobs
Elton Lambert
Henry Ou
Scott Rickert
Norman Friedman (Summer Chair)
Bob Chun (Chair)

Our committee is excited to work with our ASPO members to create a program that emphasizes what we do best as pediatric otolaryngologists... work well with others. Our theme this year is "Collaboration" and we will have 7 half day sessions over three days to highlight our work with our trainees, our interdisciplinary colleagues, and with other institutions.

This year we will try to include more panels and at the same time provide time for questions from the audience. In addition to our scientific and poster presentations, we will continue to have both quickshot and Pediatric Video Oto presentations, which have been well recieved.

Some of the suggested panel topics created by our committee:

- $_{\odot}$ Early intervention: Barriers to early intervention, long term benefits
- Examples include hearing loss, sleep disordered breathing, vascular anomalies.
- Genomics & precision medicine to screen for, prevent and treat certain diseases

- Best Evidence and collaborative management/treatment: Chronic cough updates and advances.
- Best Evidence and collaborative management/treatment: Headache, dizziness, tinnitus, and PVCD
- How we did it: setting up specific multidisciplinary program models - resources, staffing, clinical data & informatics, budget plans

This year we will also ask the membership for submissions for "Pro vs Con" panels to discuss some of our more controversial topics, while presenting the best evidence for each side of the debate. This will surely highlight the complexity of care for our patients.

There will soon be an email with all the suggested panel topics followed by a call for abstracts for scientific sessions. Last year we received 405 abstract submissions. While we will have both podium and poster presentations, submissions not selected for our spring meeting will also be given the option to submit to the summer meeting in Vail in 2020.

One of our speakers this year will be Dr. Colleen Kraft, former president of the American Academy of Pediatrics, who will speak about the current threats and concerns that we share with our pediatricians on our vulnerable patient population.

We would like to thank Dr. Messner for her collaboration and leadership, and I personally want to thank all the committee members for their time and enthusiasm to create a great program. We look forward to seeing your submissions and see you in Atlanta!

Elizabeth O'Keefe

Administrator, Association Management Services c/o ASPO Headquarters; American College of Surgeons 633 North Saint Clair St Chicago, IL 60611-3211 eokeefe@facs.org

MEMBER SPOTLIGHT: RICHARD M. ROSENFELD, MD, MPH, MBA

Ericka King, MD



Distinguished Professor, Chairman, and Program Director of Otolaryngology at SUNY Downstate, Vice Chair of the SUNY Distinguished Academy Executive Board, and Chairman of the Board for the Auditory Oral School of New York.

Dr. Rosenfeld graduated the Otolaryngology Residency Program at Mount Sinai Medical Center and completed a two-year fellowship in Pediatric Otolaryngology at Children's Hospital of Pittsburgh with a MPH degree. He received the AAO-HNS Distinguished Service Award (four times), the SENTAC Robert Ruben Award for Excellence in Pediatric Otolaryngology, the Guideline International Network Janoua Mlika-Cabanne Innovation Award, and the IAPO Award for Worldwide Contributions to Pediatric Otolaryngology. Dr. Rosenfeld is the Senior Advisor for Guidelines and Measures at AAO-HNS and has chaired numerous national committees in the AAO-HNS and ASPO.

He is the author, coauthor, or editor of 5 books and over 340 scientific publications and textbook chapters, including chapters in "Bailey" and "Cummings" on understanding data and medical literature. Dr. Rosenfeld has given over 950

scientific presentations and is an international authority on guideline development, evidence-based medicine, and otitis media. He has served as president of ASPO, president of the International Society for Otitis Media, chair of the Guideline International Network North America, and editor in chief of Otolaryngology - Head and Neck Surgery. Dr. Rosenfeld has been listed in Castle Connolly's "Best Doctors in America" since 1999 and completed a Health Services Administration MBA in 2018.

How did you come to be a methodological and statistical expert?

During my pediatric ENT fellowship 1989-1991 in Pittsburgh I as able to complete an MPH degree with a focus on epidemiology and biostatistics. At the time I had no idea how useful this would ultimately become, but it fostered my interest in systematic review, evidence-based medicine, and clinical practice guidelines. I began teaching an instructional course on statistics at the AAO-HNS annual meeting in 1991 (for 20 years), pioneered systematic review in otolaryngology (with the first publication in 1991), wrote chapters in Bailey and Cummings on biostatistics, and later developed methodology for clinical practice guidelines with AAO-HNS.

Which of your career achievements are you most proud of?

I have always enjoyed creating new initiatives that fill a need and set the stage for innovation and accomplishment. In this regard I am most proud of founding the International Society of Otitis Media, the Guidelines International Network North American Community, and the Guidelines Task Force for AAO-HNS Foundation. Within ASPO, I am most proud of successfully chairing a 6-year effort to initiate subcertification in pediatric otolaryngology by the American Board of Otolaryngology.

Where do you feel we are at as a field, in regards to the rigor of research currently being conducted in pediatric otolaryngology? How should we train ourselves to be better?

ASPO has always been a leader in promoting quality research through multiple offerings in the AAO-HNS CORE grants program, exceptional presentation quality at the Annual ASPO meeting, and the awards given for posters and presentations. We can be better through mentoring programs, increased

research grant offerings, and by encouraging our members to engage in high-value AAO-HNS committees and programs (e.g., Cochrane Scholars Program, Guideline Int'l Network Scholars Program, Outcomes Research and Evidence-Based Medicine, Committee, and the Patient Safety and Quality Improvement Committee). When ASPO has Breakout Annual meetings, distinct from COSM, we can include educational content on grantsmanship, critical thinking, biostatistics, and quality product methodology (guidelines, consensus statements, performance measures).

In your opinion, what aspect of pediatric otolaryngology is in greatest need of rigorous, novel research?

Rather than focus on a specific aspect of the field, I would call for a general standard of rigorous and novel research in everything we do. Our biggest impact on pediatric health can occur through common conditions (e.g., otitis media, sinusitis, pharyngitis) and common procedures (e.g., tonsillectomy, tympanostomy tubes, lingual frenotomy, antibiotic use) and we must engage with the AAP, AAO-HNS, and others to develop trustworthy guidance based on current best evidence. There is also an ongoing need for innovation and translational research to optimize care for children with hearing loss, airway disorders, congenital anomalies, sinonasal problems, skull based lesions, and other complex, tertiary management problems.

What advice do you have for trainees and young investigators?

My first advice is to take care of yourself: eat right (the more whole food, plant-based the better), get regular exercise, get enough sleep, find ways to manage stress, limit alcohol, and don't smoke. Beyond that, choose a clinical and research focus for your practice early in your career and focus as much as possible on becoming an expert. Stay engaged with AAO-HNS, ASPO, and other societies to keep fresh, network with colleagues, and get new ideas. Practice lifelong, continuous learning, and see about fitting an online MPH or MBA degree into your plans. Last, always be nice to your patients, show up to your office on time (it's your party), and apologize with humility if you run late.

REMEMBERING AUSTIN 2018









ASPO FRONTIERS MEETING UPDATE

Samantha Anne, MD, Immediate Past Program Chair

Norman Friedman, MD, Current Program Chair

ASPO Summer Meeting 2019 - Frontiers in Pediatric Otolaryngology occurred from July 21-24, 2019 in Vail, CO. The Summer meeting is now an annual event contracted thru ACS. Over 150 attendees were present for an exciting new format for the meeting, which included Advanced pediatric otolaryngology review sessions, Round table discussions, and 'How I do it' sessions.

There were poster and podium awards given for top presentations:

Podium:

1st **Elizabeth Walker, MSc.** Comparing Outcomes in Pediatric Major Ear Surgery with and without a Superficial Cervical Plexus Block

2nd (Tie)

Hedyeh Ziai, MD. A Radiographic Analysis of Nasal Dimensions in Children with Apert and Crouzon Syndromes

Lilun Li, MD. Sedation Withdrawal Following Single Stage Airway Reconstruction

Posters:

1st Ashley Brown, MS. Holistic Care of the Child with Tracheostomy

2nd Corina Din-Lovinescu, DO. Intracranial Complications of Pediatric Rhinosinusitis

3rd Carol Li, MD. Pediatric Tracheostomy Care at Home: Caregiver Burden and Quality of Life

Lastly, the summer meeting attracted many families to Vail with its many outdoor activities. There were multiple hikes and social events coordinated after the morning meeting sessions for attendees and their families.

Dr. Norman Friedman will be the chair for next year's Summer meeting. We look forward to seeing you all there next summer!

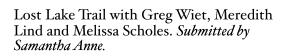
Samantha Anne, MD, MS

Top of Vail Mountain. Anna Messner, Jen Lavin, Charles Elmaraghy, Dr. Messner's husband, Robert, Norman Friedman, Carol Liu. Submitted by Carol Liu.





The Upper Piney Trail. Submitted by Samantha Anne.





FALL MEETING - WOMEN IN OTOLARYNGOLOGY

This year, the Women in Otolaryngology Section has invited Dr. Friedman to be the featured speaker at the Women in Otolaryngology (WIO) luncheon during the AAO-HNSF Meeting in New Orleans in September. Dr. Friedman's talk is titled "IQ Got You Here, EQ Can Get You There" and will take place during the WIO General Assembly session from 11:30-1:30 on Monday, Sept 16. We invite you to participate and hope that there will be a great attendance of ASPO members.

Dr. Ellen M. Friedman, Professor of Otolaryngology is the inaugural Director of the Center for Professionalism at Baylor College of Medicine. Prior to 2014, Dr Friedman was the Chief of Pediatric Otolaryngology at Texas Children's Hospital. Dr. Friedman was the first woman to serve as the President of the American Society of Pediatric Otolaryngology and the third woman to serve as President for the American Broncho-Esophagological Association. She completed a full term as a Director of the American Board of Otolaryngology - Head and Neck Surgery, and as a representative for Otolaryngology on the Residency Review Committee and currently serves on the RRC Appeals Committee. Dr Friedman also has served on the Otolaryngology Advisory Council for the American College of Surgeons.

Last year Dr Friedman was awarded a Josiah Macy Presidential grant to create a video and workshop curriculum intended to increase empathy and civility among health care teams. The video, The Threads Among Us, is accessible for free on YouTube and demonstrates scenarios to illustrate that often we are kind to our patients, but we also need to be kind to each other.



CREATIVE CORNER

Peter J. Koltai MD

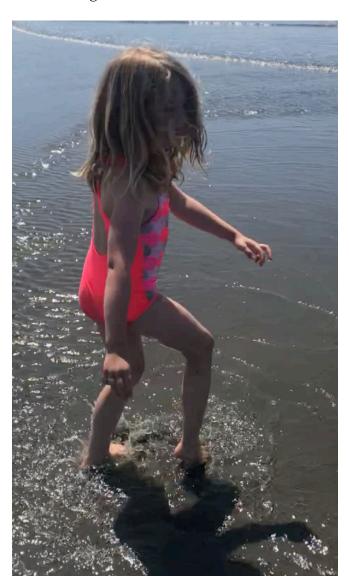
Clemence Chidziva, who I've been working with In Zimbabwe, invited me to his niece's wedding, better known as "Roora Day" in Shona. It is the day that the families negotiate the bride price, usually in the number of cows the groom must provide the bride's family. It is quite the formal and interesting cultural tradition. The photo is of the child in the poem.

Roora Day

Sitting under a mulberry tree shaded from an African sun the negotiators huddle in solemn dark jackets The women in wild flower dresses chatter by the open fire stirring the stews full of the farm's yields for the feast to come The groom sits quietly in a shimmering blue blouse glancing sideways to and fro waiting for a seguru smile Idle men of the family in festive floral shirts wait near by on white plastic chairs sipping Zambizis proudly chest forward talking cattle hushedly of their bride price The teen boys circle agitated by aromas of arousal of freshly groomed girls gossiping with cell phones And as the toddlers scurry after the bouncing cats slipping away from slinky dogs one little one with wide curious eyes black as pitch stops by to look at me and hesitantly approaches touching my white hand And the bride Is still to be seen



Ericka King, MD



Water Dance

mommy come out and jump waves with me with a small sigh i set aside my book i've read it before, it's an old friend emerge from under the umbrella quick step across hot stand over crab shells broken sand dollars and tangled seaweed medusa's tresses feel the pacific kiss at my toes sharp intake of breath longing for the sagging camp chair i was ensconced in before she looks up at me laughing holds one wavy strand away from her face and starts shuffling her feet in a water dance her arms swaying the spray splashes my scrub pants purloined from a hospital of yore annoyance fades as she twirls laughing in the sun

ANNOUNCEMENTS

Gerald B. Healy, MD, FACS, Past President and Past Chair of the Board of Regents of the College, was one of thirty surgeons from around the world selected to the first class of the Academy of Master Surgeon Educators of the American College of Surgeons.

This group was selected for their contributions to surgical education, as well as innovations in surgical care. Dr. Healy is the only Otolaryngologist-Head and Neck Surgeon selected. He is currently Professor of Otolaryngology at Harvard Medical School, Boston.



Dr. Healy and his wife, Anne.

Submitted by Evan Propst, MD

Please join us at SickKids in Toronto, Canada for our upcoming workshops:

10th Toronto International Pediatric Endoscopic Workshop - October 17, 2019 6th Toronto International Pediatric Open Airway Surgery Workshop - October 18, 2019 Guest of honor: Reza Rahbar.

Please visit WWW.ORLPED.COM for details

Submitted by David Zopf, MD

EarCommunity is a global craniofacial/Microtia/Atresia patient and family support group that holds regional picnics annually. I was asked to give the Midwest talk at Notre Dame in South Bend, Indiana. It was a really amazing event, and an opportunity to provide the latest hearing rehabilitative and microtia reconstructive options to families that tend to get very little guidance in what this condition means for their child. Families were very appreciative of the talk, information, and guidance. There was a lot of interest in looking at our approaches, outcomes and hearing about future promise with our labs 3D printing ear cartilage tissue engineering research. Our kids joined and had a blast! While they said they were excited to watch Daddy talk, I noticed they snuck off to get their faces painted - maybe if I was 3D printing unicorns...

